

Bright Futures Previsit Questionnaire 9 Year Visit

For us to provide your child with the best possible health care, we would like to know how things are going. Please answer all of the questions. Thank you.

What would you like to talk about today?					
Do you have any	concerns, questions	s, or problems that you would like to discuss today?			
We are intereste	d in answering your	questions. Please check off the boxes for the topics you would like to discuss the	e most tod	ay.	
School					
Your Growing Child		☐ How your child feels about herself ☐ Dealing with your child's anger ☐ Setting limits for your child ☐ Your child's friends ☐ Readiness for middle school ☐ Your child's sexuality ☐ Puberty			
Staying Healthy		☐ Your child's weight ☐ Your child's body image ☐ Eating breakfast ☐ Limiting soft drinks ☐ Eating together as a family ☐ Drinking enough water ☐ Limiting high-fat food ☐ 1 hour of physical activity daily			
Healthy Teeth		☐ Regular dentist visits ☐ Brushing teeth twice daily ☐ Flossing daily			
Safety		☐ Bicycle and sports safety and helmets ☐ Car safety ☐ Swimming safety ☐ Sunscreen ☐ Knowing your child's friends and their families ☐ Preventing cigarette, alcohol, and drug use ☐ Gun safety			
Questions About Your Child					
Have any of your child's relatives developed new medical problems since your last visit? If yes, please describe:					
Vision	Do you have conce	rns about how your child sees?	☐ Yes	□ No	☐ Unsure
		falled a school vision screening test?	☐ Yes	□ No	☐ Unsure
	Does your child tend to squint?			□ No	☐ Unsure
Hearing	Do you have concerns about how your child speaks?			□ No	☐ Unsure
	Do you have concerns about how your child hears?			□ No	☐ Unsure
	Does your child have trouble hearing with a noisy background or over the telephone?			□ No	☐ Unsure
	Does your child have trouble following the conversation when 2 or more people are talking at the same time?			□ No	☐ Unsure
Tuberculosis	Was your child born in a country at high risk for tuberculosis (countries other than the United States, Canada, Australia, New Zealand, or Western Europe)?			□ No	☐ Unsure
	Has your child traveled (had contact with resident populations) for longer than 1 week to a country at high risk for tuberculosis?			□ No	☐ Unsure
	Has a family member or contact had tuberculosis or a positive tuberculin skin test?			□ No	☐ Unsure
	Is your child infected with HIV?			□ No	☐ Unsure
Anemia	Does your child eat a strict vegetarian diet?			□ No	☐ Unsure
	If your child is a vegetarian, does your child take an iron supplement?			☐ Yes	☐ Unsure
	Does your child's diet include iron-rich foods such as meat, eggs, iron-fortified cereals, or beans?			☐ Yes	☐ Unsure
		in your family lately? Move Job change Separation Divorce Dear	th in the far	ilv □ An	v other changes?
					
Does your child	live with anyone who	o uses tobacco or spend time in any place where people smoke? • No • Ye	S		
		Your Growing and Developing Child			
Do you have spe	clfic concerns about	your child's development, learning, or behavior? No Yes, describe:			· ·
□ Eats I □ Has fr	healthy meals and sna	are true for your child. ☐ Feels good about himself ☐ Getting chancks ☐ Participates in an after-school activity ☐ Is vigorously active for 1 hour a day ☐ Gets along with family			



American Academy of Pediatrics



The recommendations in this publication do not indicate an exclusive course of treatment or serve as a stondard of medical care. Variations, toking into account individual circumstonces, may be appropriate. Drighot document included as port of Bright Futures Tool and Resource Rit. Copyright © 2010. American Academy of Pediatrics. All Rights Reserved. The American Academy of Pediatrics does not review or andorse any modifications made to this document and in no event shall the AAP be tiable for any such changes.